**Aug 23 – Qualifications and Semi-Finals**

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| **1300-1400 | Warm Up for all athletes (Fencing + Triathle)** |
|   |   |   |  |   |   |   |
| **FENCING** |  | **TRIATHLE** |
| **Start** | **Finish** | **Event** |  | **Start** | **Finish** | **Event** |
| 1400 | 1420 | Fencing Q 1 W |  | 1435 | 1455 | Triathle Q 1 W |
| 1420 | 1440 | Fencing Q 2 W |  | 1455 | 1515 | Triathle Q 2 W |
| 1440 | 1500 | Fencing Q 3 W |  | 1515 | 1535 | Triathle Q 3 W |
| 1510 | 1530 | Fencing Q 1 M |  | 1545 | 1605 | Triathle Q 1 M |
| 1530 | 1550 | Fencing Q 2 M |  | 1605 | 1625 | Triathle Q 2 M |
| 1550 | 1610 | Fencing Q 3 M |  | 1625 | 1645 | Triathle Q 3 M |
| 1635 | 1655 | Fencing SF 1 W |  | 1710 | 1730 | Triathle SF 1 W |
| 1655 | 1715 | Fencing SF 2 W |  | 1730 | 1750 | Triathle SF 2 W |
| 1745 | 1805 | Fencing SF 1 M |  | 1820 | 1840 | Triathle SF 1 M |
| 1805 | 1825 | Fencing SF 2 M |  | 1840 | 1900 | Triathle SF 2 M |
|   |  |  |  |  |  |  |
| **Aug 24 – Qualifications and Semi-Finals Opening Ceremony****Laser Run Mixed Relay Finals**  |   |   |
| **0900-0930 | Warm Up for finalists (Fencing + Triathle)** |
| 0930 | 0950 | Fencing Final W |  | 1005 | 1020 | Triathle Final W |
| 0950 | 1010 | Fencing Final M |  | 1025 | 1045 | Triathle Final M |

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| **1300-1330 | Set Up of nations** |
| **1330-1400 | Opening ceremony** |

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| **1400-1500 | Warm Up Laser Run (Mixed Relay)** |
| 1500 | 1630 | Finals |  | SD | run | Sequenz each |
| 1500 | 1520 | U9 / U11 |  | 3m | 400 | 2 |
| 1525 | 1540 | U13 / U15 |  | 5m | 400 | 2 |
| 1545 | 1600 | U17 / 40+ |  | 10m | 400 | 2 |
| 1605 | 1630 | U19 / Jun / Sen |  | 10m | 800 | 2 |
| 1635 | 1655 | 50+ / 60+ |  | 5/10m  | 400 | 2 |
| 1700 | 1800 | award ceremony |  |  |  |  |

**Aug 25 –Laser Run Individual Finals**

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| **0900-1000 | Warm Up Laser Run (Individual Elite + Open)** |
| 1000 | 1500 | Finals Elite |  | SD | run | Sequenz |
| 1000 | 1010 | U9 / U11 |  | 3m | 400 | 2 |
| 1025 | 1035 | U13 male |  | 5m | 400 | 3 |
| 1045 | 1055 | U13 female |  | 5m | 400 | 3 |
| 1105 | 1120 | 60+ / 70+ |  | 5m | 400 | 3 |
| 1130 | 1145 | U15 male |  | 5m | 400 | 4 |
| 1155 | 1210 | U15 female |  | 5m  | 400 | 4 |
| 1240 | 1255 | U17 / 40+ male |  | 10m | 400 | 4 |
| 1305 | 1320 | U17 / 40+ female |  | 10m | 400 | 4 |
| 1330 | 1345 | U19 / J / S male |  | 10m | 800 | 4 |
| 1355 | 1410 | U19 / J / S female |  | 10m | 800 | 4 |
| 1420 | 1435 | 50+ |  | 10m | 400 | 3 |
| 1445 | 1530 | Finals Open |  |  |  |  |
| 1445 | 1455 | 50+ / 60+ |  | 5m | 400 | 2 |
| 1505 | 1520 | U13/U15/U17/40+/S |  | 5m | 400 | 3 |
| 1600 | 1700 | award ceremony |  |  |  |  |
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